

News You Can Use



FALL 2014

BUILDING ASSETS FOR FATHERS AND FAMILIES (BAFF) is a program designed to assist parents, especially fathers, who don't have custody of their children and are required by the courts to pay child support. Participants will be required to attend an 8 hour Money Management workshop. Participants will receive additional counseling; opportunity to have driving privileges reinstated; review and adjustment of child support order, and much more! To enroll, call **(614) 247-1983**.

MONEY MANAGEMENT

Learn about credit scores, improving your credit, creating a budget and correcting errors on your credit report. Workshops will be held from **9:00AM-1:00PM** on Saturday **September 6 & 13 2014, October 4 & 11 2014, November 1 & 8 2014 and December 6 & 13 2014**. Participants must attend two workshops.

HOME BUYER EDUCATION

HUD certified and City of Columbus approved Home Buyer Education workshops, including individual counseling will be offered on Sat., **September 20 & 27 and November 15 & 22** from **9:00AM to 1:00PM** Participants will learn how to obtain, maintain and retain a home. Income eligible participants are eligible to apply for down payment and closing cost assistance (up to \$5,000) for homes purchased in the City of Columbus.

INDIVIDUAL DEVELOPMENT ACCOUNT, (IDA)

Savings incentive program designed to help you buy a home in Weinland Park, an up and coming neighborhood near OSU. You can receive up to a \$1,000.00 if you save \$500.00!

For information about BAFF, Money Management, Home Buyer Education or IDA, call **(614) 247-1983**.

HOUSING OPPORTUNITIES IN WEINLAND PARK

Grant Common Market Rate Rentals: 614-488-0672
Grant Park Home Purchase: 614-545-3686
NRP Lease to Purchase Homes: 614-227-0547
Community Properties of Ohio: 614-253-0984

MOMS-2B

Moms-2B is a weekly prenatal education program. Participants will learn how to have a healthy baby and pregnancy. Talk with health care professionals and enjoy a healthy meal once a week. Moms-2B is held at Grace Missionary Baptist Church, 1182 N.6th St., Columbus, OH 43201; OSU East Wallace Auditorium, 1492 E. Broad St. and Mt. Carmel West Hospital at 777 W. State St., Columbus, Ohio. For details: call **(614) 307-6709**

ZUMBA FITNESS WORKSHOPS

Zumba® workshops feature exotic rhythms set to high energy Latin and international beats. This community oriented dance class is offered **every Saturday from, 10:00am-11:00am** at the Godman Guild, 303 E. 6th St. Cols, OH, Women, Men, children are welcome. Admission is \$3.00 per session. First visit is free.

COMPUTER BASICS will be offered on **September 17, 2014 & September 24, 2014, October 15, 2014 & October 22, 2014, and November 19, 2014, & November 26, 2014 From 10:00am to 1:00pm**. You will learn about the computer, the internet, email, and online job search basics. You are required to complete two classes in a given month in order to receive a Certificate of Completion. There are a limited number of computers at the library, so if you have a laptop feel free to bring.

All basic computer classes will be held at the **Columbus Metropolitan Northside Library** at 1423 North High Street Columbus, OH 43201. To register, call **(614) 292-7196**. All basics classes are **Free**.

ADVANCE COMPUTER CLASSES

ACCESS 1 Will be offered on **September 6 & 13, 2014** from **10:00am-1:00pm**. This introductory course shows you how to enter, manage, and run reports on large amounts of data.

POWERPOINT 1 Will be offered on **October 4 & 11, 2014** from **10:00am-1:00pm**. This introductory course, shows you how to create a presentation with customizable backgrounds, text and shapes.

EXCEL I Will be offered on **November 1 & 8 2014** from **10:00am-1:00pm**. This introductory course, you will learn the basics of moving around the cells in worksheets and how to enter, edit and manage information.

WORD & SOCIAL MEDIA Will be offered on **December 6 & 13, 2014** from **10:00am-1:00pm**. This introductory course, you will learn to create professional documents and learn how to keep up with trending topics and news.

OPEN COMPUTER LAB: The computer lab is open **every Wednesday from 3:00pm-5:00pm**. Come in and work on your resume, search for jobs, or put applications in online.

All Advance Computer Classes will be held at the **Godman Guild - OSU Extension Learning Center** at 303 E. 6th Ave., Columbus, OH 43201. To register, call **(614) 292-7196**. **Registration fee is \$30.00** due on the first day of class. Only checks and money orders will be accepted and payable to **OSU Extension**.

Making A House Home Clean and Organized

*We all know that a well managed home helps create a healthy home environment. Cleaning can be easier if you follow a cleaning plan and use effective cleaning techniques. Assigning household chores to family members helps get the work done faster and teaches responsibility. It is sometimes hard to have a clean and organized home. The trouble is trying to keep up with it all". It is a challenge, and the biggest frustration is **it's never finished**. Just when you think you've made it to the end it's time to start over.*

The following information will make it easier to make a house your HOME!

ORGANIZATIONAL TIPS

- ... Let the family help – then there will be more time for Family Fun!
- ... Don't procrastinate... get started.
- ... Make a convenient place for everything.
- ... Clean one room at a time.
- ... Learn to throw it or give it away.
- ... Keep **cleaning supplies** in a bucket or carry all (eliminates running back and forth).
- ... Do hardest chore first.
- ... Clean from top to bottom.
- ... Do each room in the **same order** – windows, dusting, floors.
- ... Work on one area at a time.
- ... Create convenient areas to store kitchen equipment ie. Pie plates, cake pans, etc.
- ... Play upbeat **music** while you clean.
- ... Don't be distracted by the phone. Clean while talking – use the cordless.
- ... Use paper plates more often.
- ... Serve dinner buffet style to eliminate cleaning serving dishes.
- ... Bake while you do dishes – dovetail tasks – iron while doing laundry.
- ... Clean as you go – wipe out sinks with dirty towels; squeegee shower stalls after each use.
- ... Use odd moments to do odd jobs.
- ... Utilize a junk drawer for miscellaneous items.
- ... Put things in order before going to bed. Less clutter gives you more time, money and energy.

CLEANING TIPS

- ... **Bathroom, Toilet:** Use a false teeth bubbling tablet to eliminate ring.
- ... **Bathroom, Tiles:** Shine with lemon oil. Will also prevent mold and mildew.
- ... **Bathroom, Shower: Fill plastic bag with** vinegar and place over shower head to remove hard water buildup.
- ... **Bathroom, Faucets:** Use alcohol to shine.
- ... **Bathroom, Showers:** To remove hard water spots and scum, use undiluted, heated, white vinegar. Put in a spray bottle, apply and soak 15 minutes. Use a nylon-covered sponge, apply dry borax and scrub. For stubborn problems use a dry soap- filled steel wool pad on a dry shower (don't use water).
- ... **Bathroom, Tub Decals:** Lay aluminum foil over decal and heat well with a blow-dryer. Scrape with an old credit card or thin, dull object. continue to heat and pull until removed. clean residue by using nail polish remover (keep bathroom well-ventilated).
- ... **Bathroom, Walls:** To keep walls clean and shiny, wiped down with rag or towel right after a steamy bath (moist walls are easier to clean).

Source:

**Utah State University Cooperative Extension
extension.usu.edu**



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

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