

OHIO STATE UNIVERSITY EXTENSION – FAMILY & CONSUMER SCIENCES

Introduction to the Social Resilience Model

Pat Holmes and Whitney Gherman will be presenting the **Social Resilience Model** to Extension Educators as added value to existing Extension programs, particularly those that focus on trauma, mindfulness, and healthy relationships. ***Based on neuroscience, SRM features a skills-based, practical approach using the concepts of safety, attention, attachment, and activation.*** We are offering two opportunities (30 minutes each) to learn more about the program, its neuroscience foundation, core concepts, and essential skills.

WEDNESDAY, AUGUST 4, 2021 Select one: 10 - 10:30 a.m. or 1 – 1:30 p.m.

Please register by emailing Pat Holmes or Whitney Gherman indicating if you prefer the morning or afternoon session. The Zoom information and calendar invite will be forwarded to you.

At this time, the training is being offered to any Extension professional in Ohio. A recording will be made available. For questions or more information, contact Pat at Holmes.86@osu.edu or Whitney at Gherman.12@osu.edu



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

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